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#### BUILDING HEALTHY PUBLIC POLICY

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# Health Promotion and Healthy Public Policies

- The development of healthy public policies is the essence of health promotion
- Why? Because it is mainly through public policies that social determinants of health are addressed and equity is promoted

## Healthy public policies

The idea of a healthy public policy can only be understood through a *new concept of health* and a *new concept of State and public policy* 

### New concept of health (1)

- Affirmative perspective
- Identified with the well-being and the quality of life, and not only with the absence of disease
- It is the result of a complexity of factors including biological, social, economical and cultural components. The interaction between these factors defines the health standard at each moment and at each place

## New concept of health (2)

- Health is not a static, biologically-defined state. It is dynamic and socially produced.
- Health interventions seek not only to decrease the risk of disease, but also to increase the chances of health and life, which implies in multi- and inter-sectorial interventions addressing the so-called determinants of health/disease
- That is the essence of healthy public policies

## New concept of State (1)

The 'new concept of State' underlying healthy public policies reestablishes the centrality of the public aspect and the social responsibility of the State - that is, its obligation with the public interest and the common good

### New concept of State (2)

- Institutional design to overcome deficits in:
  - Efficiency/effectiveness ability to do what has to be done; and
  - Representativeness/sensibility ability to define what has to be done according to the interests and the needs of the society

## New concept of State (3)

In the 1990's, many decentralized citizen participation practices emerged: the volunteer movement; the social accountability awareness of companies, organizations and people; and the social networks dedicated to promoting development

## New concept of State (4)

- In this new concept, public policies are not exclusive initiatives of the State
- Initiatives are developed and agreed upon on participatory forums that express the diversity of social interests and needs
- New and more adequate distribution of rights and responsibilities between State and society

## Healthy public policies in Brazil

- National level:
  - Bolsa Familia (Family Stipend Program)
  - Family Health Program
  - National Commission on Social Determinants of Health
- Local level:
  - Integrated and Sustainable Local Development of Manguinhos

### Bolsa Família (1)

- Fight against extreme poverty
- Direct income transfer
- Poor families (monthly income < USD 60 per person)</p>
- Pact between Federal, State and Municipal Governments
- Decision-making: Advisory Board on the municipal level
- Bank card given to the woman

### Bolsa Familia (2)

- Keep children and adolescents in school with a good performance
- Basic health responsibilities:
  - Vaccinate children between 0 and 6 years of age
  - Prenatal agenda for pregnant women
  - Follow up program for women that are still brestfeeding

### Bolsa Familia (3)

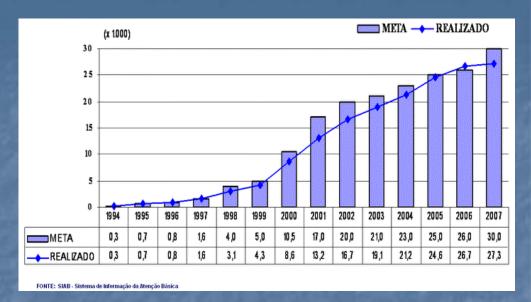
- 5.564 municipalities
- Yearly investments of 4.4 billion dollars
- 11.1 million families
- 45 million people
- One of the largest income transfer programs of Latin America
- Impact on health and quality of life

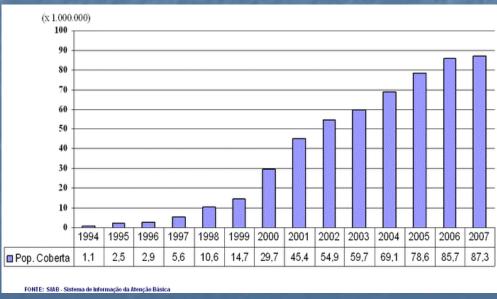
### Family Health Program (1)

- Primary health care in the Unified Health System
- Family health teams (FHT): doctor, nurse, nursing assistant and community agents
- One FHT responsible for 600-900 families
- Health promotion, disease prevention and basic assistance to the most common health problems; reference and counter-reference
- Institutional and homes visits
- Health surveillance and intersectoriality

## Family Health Program (2)

- •26.000 teams
- •More than 5.000 municipalities
- •80 million people covered
- Around 320.000health workers;250.000 communityhealth agents





## National Commission on Social Determinants of Health

- Presidential initiative, March 2006
- Understanding social determinants, promoting governmental actions and mobilizing the community
- Interministerial Workgroup
- Dissemination of the discussion to the society
- Investments in Research

# National Commission on Social Determinants of Health

- Final report with many recommendations for actions to address SDHs
- Public consultations
- Commitment of the Government to implement the recommendations intersectorially



## DLIS & Healthy Cities, Municipalities or Communities

- Although initiatives are developed and agreed upon nationally or regionally, public policies actually materialize locally
- In Brazil, these policies materialize in DLIS (Integrated Sustainable Local Development) programs and in the healthy cities / municipalities / communities
- Several experiences presented in this Conference

## DLIS Manguinhos (1)

- Manguinhos favela, Rio de Janeiro, 50 thousand people
- One of the lowest Human Development Indexes of the city
- Other social and health indexes among the worst in the city
- High levels of social vulnerability and violence



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## DLIS Manguinhos (2)

- Local development forum that gathers the most important social actors in the area
- Rapid participatory assesment
- Integrated set of actions in the following fields:
  - Work and income generation
  - Health, food and nutrition
  - Sanitation and housing
  - Social development: education, sports and other public policies

## DLIS Manguinhos (3)

- Generating work and income: work cooperativism
- Health, food and nutrition: PHC
- Sanitation and housing: cooperative for construction material with lower prices for the population; popular coop for housing
- Social development: education, sports and other public policies

## Next steps

- Project Intersectoral Action for Health
- Network of six Brazilian experiences:
  - Northeast region: Sobral and Recife
  - Southeast region: Rio de Janeiro and Campinas
  - Center West region: Goiania
  - South region: Curitiba
- Canadian partners: CIDA and CPHA